Fairwinds
Rotherham

Specialist nurse-led care for adults with complex mental health needs

every day better
Welcome to Fairwinds

Fairwinds is a specialist nurse-led home for adults with complex mental health needs. Located in Rotherham, Fairwinds is a caring, welcoming and truly person-centred home.

Personalised care

At Fairwinds, we build our care and activity plans around individuals, supporting, nurturing and encouraging them to live happy, fulfilled lives.

Making every day better is about achieving the best possible outcomes for those we care for, so we identify goals and outcomes together with individuals, families and professionals.

Our home

Service users at Fairwinds live in one of two ten-bed units, Darwin and Partridge. Each unit has a dining room and lounge. Every bedroom has an accessible ensuite bathroom, a TV point and can be decorated to suit personal tastes.

At Fairwinds, we understand the importance of good, nutritious food. Our varied restaurant style dining menu is developed with service users at regular Food Forums to ensure we cater for personal preferences and condition-specific dietary requirements. In addition to a standard menu, service users can request meals from a cafe-style menu. A therapy kitchen is available for individuals to make their own drinks and snacks.
Family, friends and visitors

Our open door policy means friends and family are welcome to visit and be part of care planning, reviews and regular meetings. We do maintain protected meal times so would ask any professional visitors to contact us to ensure they visit outside of these times. We encourage everyone to be involved in giving those we look after the best possible quality of life. Regular newsletters keep loved ones informed about life at Fairwinds and friends and family are welcome to use the therapy kitchen during visits.

Life at Fairwinds

Social activities, leisure interests and hobbies are all part of a healthy, balanced life. The Fairwinds team support service users to make choices about how they live their lives, their hobbies and interests and where appropriate, access to education and volunteering. This helps develop confidence, increase independence and achieve personal goals. This might include going to the gym, cycling, walking or learning bus routes.

Outings including days out to Whitby and visits to Gateway for dancing and Bingo are always popular. Pub lunches and evenings out watching live music are favourites, and an accessible minibus means there is always transport available. Fairwinds has a fully accessible garden which is used frequently, particularly in the summer for barbeques and music afternoons.

Our fortnightly service user forums allow people to share their views about the running of the home and develop ideas for future activities.

Fairwinds are innovative and creative in the way they support [the person] and manage this behaviour. It’s an excellent service.”
Relative.

My relative is really happy. She has freedom to do what she likes; she loves going in the garden. I’m happy with her care, she is safe, well looked after and cared for.”
Relative.

Overview

Fairwinds is part of the Exemplar Health Care group of homes for adults with complex needs. Exemplar is committed to providing the best possible outcomes for those we care for and invest in training to constantly improve the quality of care we provide, ensuring our service users are always at the heart of everything we do.

Caring for complex conditions
• Mental ill-health
• Complex dementia
• Neuro-disability

Specialist care
• Rehabilitation
• RMN, RNLD and RGN nursing care
• Challenging behaviour specialists
• Respite care

Address
Fairwinds, Kimberworth Road, Rotherham, S61 1AJ

Contact Fairwinds
T: 01709 565800
E: fairwinds@exemplarhc.com

Make a referral
T: 01709 565777
E: referrals@exemplarhc.com
**OneCare extended pathways of care and rehabilitation**

Exemplar developed a range of OneCare extended care pathways. These services are specially adapted individual houses and flats, for service users who do not require the full-time care of a home, but still require support.

Service users can live independently or with support depending on their unique needs.

Our three distinct care solutions include:

**OneCare Intermediate**: Care and support to develop and maintain independence, for people with progressive conditions entering care and those on a rehabilitation pathway.

**OneCare Independence**: An extended pathway of care where people can maximise their independence and reach their full potential.

**OneCare Individual**: A sole occupancy environment personalised to suit the unique needs of individual service users.

We develop OneCare services jointly with local commissioners – sometimes with specific service users already in mind, or to meet future needs. We buy, adapt and fully refurbish properties close to our care homes. We also develop areas of our existing homes to create OneCare apartments.

---

**Fairwinds coffee caravan**

Fairwinds Fancies is a vintage caravan which has been refurbished and converted into a unique caravan coffee shop by the Fairwinds team and service users. Situated outside the home and staffed by service users and members of the Fairwinds team, the coffee shop is open to the public and serves drinks and a selection of home-made treats. Profits from the coffee shop will go toward a long-term project of buying a static caravan on the coast, which service users can visit for breaks away.
Fairwinds – OneCare

Fairwinds offers extended pathways of care for those who have met rehabilitation goals and are looking to return gradually to life in the community. Two houses, each with two bedrooms and shared living areas, allow people to live independently while still accessing care and support when needed. These services are also ideal for those with progressive conditions who can still live independently but may require future care.

The OneCare service can be adapted to suit the individual needs of service users based on personal tastes, condition, functionality and medication regime. Fairwinds encourages service users to work towards achieving their personal goals. Supported by specialist nurses and life-skills teams, service users can further progress their journey to independence whilst still having the support of the main home as and when they require.

Case study: Simon

Diagnosed with schizophrenia following years of drug and alcohol abuse, Simon’s goal when coming to Exemplar was to become mentally stable enough to return to living independently. After four years of successful rehabilitation, Simon, 44, moved into a OneCare apartment last year. Now happily living alone and managing his own life, Simon has the support of the home as and when he requires it. This support reflects his individual care plan, and includes receiving daily medication and attending quarterly clinics.

The OneCare service gives service users the opportunity to live independently whilst still being able to access support from the Fairwinds team. Service users are able to move into the service as they reach their personal goals increasing their skills and confidence in a safe and secure environment”.

Home manager.
every day better

Make a referral or enquire today
01709 565777
referrals@exemplarhc.com
www.exemplarhc.com

Registered Office: Exemplar Health Care Limited.
Ferham House, Kimberworth Road, Rotherham S61 1AJ